

The strength of Neighbourhood Link Support Services lies in our local connections. We warmly thank our funders, donors and neighbours, whose support allows us to promote the independence and dignity of the members of our community.

With help from our friends, we provide:

- Community Services
- Employment Services
- Health Services
- Housing
- Volunteer Opportunities
- Newcomer Support
- Youth Programmes



**Neighbourhood Link Support Services**

3036 Danforth Avenue  
 Toronto, ON M4C 1N2  
 416-691-7407 Fax 416-691-8466  
[www.neighbourhoodlink.org](http://www.neighbourhoodlink.org)

I would like to support the work of  
**Neighbourhood Link Support Services**  
 and touch the lives of those most in need.

You will promptly receive a tax receipt in the mail. Our charitable Registration Number is 10938063.

1. Please accept my gift of: \$ \_\_\_\_\_

2. My donation is in honour of \_\_\_\_\_

On the occasion of \_\_\_\_\_

In the amount of \$ \_\_\_\_\_

Sign the acknowledgement with the following message

\_\_\_\_\_

3. I wish to make a monthly donation of \$ \_\_\_\_\_

4. Method of Payment

Cheque (payable to Senior Link Foundation)

Visa  American Express

Credit Card # \_\_\_\_\_

Expiry Date \_\_\_\_\_

Signature \_\_\_\_\_

Please forward receipt to:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

I would like more information about

Agency Services  Volunteer Opportunities

Securities  Endowments

In Honour Donations  Bequests

Charitable Remainder Trusts and Gifts of Residual Interest

Gifts of Insurance

**THANK YOU FOR YOUR SUPPORT**



**Neighbourhood Link Support Services**

**GUIDE TO SERVICES**

*Promoting Independence, Dignity and Community since 1975*

## What is Neighbourhood Link Support Services?

A formidable cornerstone of the community and recognized leader in the provision of community services, Neighbourhood Link Support Services is a non-profit social service agency working primarily in east Toronto. Since 1975, with the assistance of our volunteers and staff, we help more than 20,000 people annually.

Responding to the needs of youth, adults and seniors in our community, we provide a continuum of services from employment assistance to housing and health services.

## What is our mission?

Neighbourhood Link Support Services promote the independence and dignity of people within their own community.

## What are our goals?

- To identify needs and provide responsive community services which enable people to live with dignity and independence.
- To provide leadership in developing and promoting excellence within the community service sector, and influencing public policy regarding the role of neighbourhood agencies.
- To create a work environment that appreciates and promotes growth, innovation and the utilization of staff, volunteer and community resources.

## Who are our clients?

We have programmes and services to respond to the needs of youth (aged 15 to 29), adults and seniors (55 plus).

## What are our services?

### Community Services

- Community Dinner (weekly)
- PAID Project (Partners for Access and Identification) assists the homeless to regain lost ID.
- Newcomer Outreach and Support provides a variety of orientation opportunities, information about community services and help to find appropriate housing.
- Pre-employment Development readies people to enter, or re-enter, the labour force.
- Youth Outreach encourages engagement in the community.

### Employment Services

- AgeWorks Programme (aged 45 +) provides the skills training and confidence building to enable mature workers to regain employment.
- Employment Resource Centre has the staff, the technology and the training workshops to help with the job of job searching.
- East Toronto Newcomers Job Finding Club focuses on overcoming barriers to employment.
- Job Finding Club provides an intensive program on finding the right job.

### Housing Services

We own over 300 units. Shared accommodation units for seniors with special needs are available.

- Cecelia Murphy Building
- Jean Dudley House
- Norm Houghton Complex
- Community Link House

### Health Services

- Adult Day Programme provides stimulating activities in a safe environment for frail seniors and those with cognitive impairments.
- Akwasti Programme is specifically designed for seniors needing heavy care.
- Chinese Programmes are offered in both Cantonese and Mandarin.
- Client Intervention and Assistance offers crisis intervention, case management, advocacy, and non-therapeutic counselling.
- Congregate Dining serves hot nutritious meals and an opportunity to meet friends.
- Friday Friends gives young adults with Down Syndrome a weekly outing.
- Friendly Visiting breaks down the isolation of housebound seniors.
- Respite Service and caregiver relief help alleviate the strain of caring for an elderly parent or partner.
- Security Checks makes daily contact
- Stroke Recovery Group meets weekly to overcome the effects of stroke.
- Supportive Housing provides assistance with personal care, meal preparation and other activities of daily living.
- Transportation provides rides to medical and other essential appointments.

## To access our services or volunteer

Please call 416-691-7407 and our Receptionist will link you to the appropriate individual. Referrals by community organizations, health professionals, concerned neighbours and friends are welcome.